

## **FOUNDATION OF HUMAN DEVELOPMENT(THEORY)**

Max Marks: - 100 marks

Teaching workload: 4 hours/week

Total teaching workload: 60/ semester

### **Examination scheme:**

Duration : 3 hours

The theory examination paper will consist of four Sections:

1. Section I (20marks) – will comprise of 20 MCQs/fill in the blanks type questions of 1 mark each.
  2. Section II (20 marks) - will comprise of 10 short answer questions of 2 marks each with word limit of 20-30 words.
  3. Section III (20 marks) - will comprise of 4 questions with word limit (100-150 words) of 5 marks each. Candidate will need to attempt only 4 questions out of 6.
  4. Section IV (40 marks) - will comprise of 2 long answer questions (essay type) of 20 marks each with internal choice in each question.
- **It will be necessary for a candidate to pass in theory as well as practical part of a subject paper, wherever prescribed, separately. Classification of successful candidates shall be as follows:**
  - **First Division 60% of the aggregate marks prescribed.**
  - **Second Division 48% of the aggregate marks prescribed in**
  - **All the rest will be declared to have passed the examination if they obtain the minimum pass marks viz. 36% in each paper.**

### **Objectives:**

- To familiarize the students with basic controversies, themes and theories of human development.
- To acquaint the student with the scope and foundation of human development.
- To understand development through different life span stages.
- To learn about the significant developmental tasks of each stage.

### **Learning Outcome:**

- Students would understand various stages of life; prenatal, Infancy childhood, adolescence, adulthood and ageing.
- Students would be able to understand the biological and environmental, psychological and social factors that explain patterns of human behavior over the lifespan.
- Students will understand how people develop throughout their lives, and how Heredity and Environment can influence possibilities for individuals. This is important and useful knowledge for everyone.
- Students will learn opportunities for roles and employment related to child and family welfare implementing interventions for different aspects related to HD (include special educators, personnel in agencies catering to all age groups i.e. from crèches to old homes) available

<b>UNIT-I</b>		<b>Hours</b>
1	Definitions, scope and multidisciplinary nature of Human Development. Scope and Contributions of the Fields of Psychology, Sociology, Anthropology, Medicine and other related fields.	<b>10</b>
2	Meaning and Principles of Growth and Development: Determinant and Factors affecting Growth and Development: Biological and Environmental.	<b>5</b>
3	Role of Heredity and Environment; Learning and Maturation on Human Development.	<b>5</b>
<b>UNIT-II</b>		
4	Prenatal development – Conception & stages, Factors influencing Complications / hazards during pregnancy Prenatal care, child birth At risk Babies	8
5	Neonate-Physical characteristics, Abilities – sensory & perceptual Adjustments & reflexes Care of the newborn Immunization.	8
<b>UNIT-III</b>		
6	Brief introduction to Perspectives and Theories of Human Development: <ul style="list-style-type: none"> <li>• Erikson: Psycho- Social Development</li> <li>• Freud: Psycho-Sexual Development</li> <li>• Piaget: Cognitive Development</li> </ul>	<b>18</b>
7	Vocational Choices and Careers in Human Development. Opportunities for roles and employment - researcher : on issues related to HD - educationist : ranging from pre-school to University - planner of policies or programs related to child and family welfare implementing interventions for different aspects related to HD (include special educators, personnel in agencies catering to all age groups i.e. from crèches to old homes) available	<b>6</b>
<b>References :</b>		
<ol style="list-style-type: none"> <li>1. Allen, B.P. (2006). Personality theories: Development, growth and diversity (5<sup>th</sup>ed). Needham Heights, M.A.: Allyn and Bacon.</li> <li>2. Ambron. (1978). Child Development, Holt Rinehart and Winston.</li> <li>3. Bajpai, A. (2006). Child Rights in India: Law, Policy and Practice, Oxford University Press, New Delhi</li> <li>4. Bee H. (1985, 1995). The Developing Child, Harper and Row Publishers New York.</li> <li>5. Elkind D. (1978). Development of the child, John Wiley and Sons.</li> <li>6. Dolloff P.B. and Resnick M.r. 1972. Patterns of life: Human growth and Development Charles E Merrill Publishing Co. Ohio.</li> <li>7. Surabhi Puohit, Shashiprabha Tandon, Kavita Koradia (1996)-Manav vikas ke sopen, ajmera Publishers, Jaipur</li> <li>8. Winch R.F. (1963). The modern Family, Holt Rinehart and Winston.</li> </ol>		